

Assistive and Supportive Services New Jersey

Who can you call for help?



988 Suicide & Crisis Lifeline

We can all help prevent suicide. The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

For crisis counseling, please call or text 988 or [chat](#) with us.



If you have a mental health emergency, [click here to contact your county crisis screening center.](#)

Center For Family Services offers trusted, high-quality care in convenient and accessible locations across New Jersey. At Center For Family Services, you will find personalized care designed to help people of all ages reach their full potential. If you or someone you care about needs help to deal with life's challenges, Center For Family Services is ready to help.

Access Center

The Access Center can help connect you to the services offered by Center for Family Services in New Jersey to meet your needs. The knowledgeable staff at our Access Center are ready to assist you. Please fill out the Access Form below and we will contact you. You

can also reach us by email at access@centerffs.org or you can call our Access Center at 877.922.2377.

The Access Center staff are available to answer your call Monday to Thursday between the hours of 9:00 am - 5:00 pm or Friday between the hours of 9:00 am - 4:00 pm.

CRISIS TEXT LINE |

**Text HOME to 741741 to
connect with a volunteer Crisis
Counselor**

Free confidential 24/7 support at your fingertips.



Help starts here

211 connects you to expert, caring help.
Every call is completely confidential.



Call 211 for help

Can't call us? [Find a local 211](#)

Domestic Abuse
& Sexual Assault
Crisis Center
of Warren County

Domestic Abuse
& Sexual Assault
Crisis Center
of Warren County

If you or someone you know is being hurt, we can help.

Call our **24/7 helpline/hotline: 908.453.4181**

or click [HERE](#) to chat with us via our [24/7 web chat](#).

Si usted o alguien que conoce está siendo lastimado, podemos ayudarlo.

Llame a nuestra línea de ayuda/línea directa 24/7: [908.453.4181](tel:908.453.4181)

O haga clic [AQUÍ](#) para hablar con nosotros a través de nuestro chat web 24/7.

NJ Children's System of Care
Contracted System Administrator — PerformCare®

1-877-652-7624
24 hours a day, 7 days a week

Helping Families Across New Jersey

1-877-652-7624

- [Behavioral Health](#)
- [Intellectual/Developmental Disability Services](#)
- [Substance Use Treatment](#)



Mothers of young or adult special needs children are at risk for depression and related disorders. Studies show parents of special needs children have significantly higher divorce rates than those with typically developing children. Medical illness, financial stressors, faith based issues, and employment struggles often accompany the challenges of being a primary caregiver of a special needs child or adult.

In NJ call **877.914.6662**

Outside NJ call National Center

for Peer Support at **833.727.5463**

We are not a crisis support hotline. If you or someone that you know is in immediate danger of harming themselves or if you are experiencing a medical emergency, please call 911 or go to the nearest emergency room.

