

River Valley Current

April 2, 2019 No. 541

"It is paradoxical that many educators and parents still differentiate between a time for learning and a time for play without seeing the vital connection between them." ~ -Leo Buscaglia

School Calendar

This Week

Thursday, April 4 Middle School Musical – Oliver	6:30 pm
Friday, April 5 Middle School Musical – Oliver	6:30 pm
Saturday, April 6	

Saturday, April 6 Middle School Musical – Oliver

Looking Ahead

2:00 pm

3:30pm

Thursday, April 11 1st, 2nd.3rd Grade Parent Evening

Monday-Friday, April 15-19 No School – Spring Break

Monday, April 22 Committee for Social Justice Meeting

Friday, May 3 Family and Friends Day

Saturday, May 4 Mayfaire and Open House

How to Contact Us

info@rivervalleyschool.org lc@rivervalleyschool.org bot@rivervalleyschool.org pc@rivervalleyschool.org

Committee for Social Justice Meeting Monday, April 15th, 3:30 pm in the 2nd grade classroom.

Mindfulness is the topic for Paul Ritchie's **Learning Virtue**, **Living Virtue** column this month. You will find it in this week's Current.



Anticipation is building for this year's middle school musical, Oliver!. Based on Charles Dickens' beloved novel, this popular musical is full of familiar songs, lively dance numbers, tragedy and humor. It is something you and your family won't want to miss, so consider yourself invited.

Performances will be on Thursday, April 4th and Friday, April 5th at 6:30 pm and Saturday, April 6th at 2. Tickets are \$6 for children, \$10 for adults and \$30 for immediate family.

A ticket order form can be found in the back of this week's Current. We hope to see you there!

Auction Bidding is Still Open

Although the magical night of the auction is now over, the bidding is not! We have many wonderful items still available.

- Fancy a night of Movement and Games class with Mr. Laker for just adults? You can bid on that!
- Feel like you could bluff your way to the World Series of Poker? The "All Gender Poker Night" is right up your sleeve!
- Tired of your flowers dying? Why not come to Mom's Night Out at Crafting Space with Kelly Grace and learn to make paper ones!

Click below, take a peek at what's still up, have some fun and support our school. https://rvws2019.ggo.bid!

2019 Contract Information

Contracts for the 2019-2020 school year have been emailed to River Valley families. Printed copies are available in the PARENT FORMS box next to the front office. Due-dates have been adjusted from the usual schedule to accommodate the delayed release of the 2019-20 contracts. Please complete and return one copy (two if you would like your own counter-signed copy) of the contract for each child and return it to the school with the \$250/child deposit (\$500 after April 22, 2019). Your deposit is credited to your tuition account, as noted in the contract.

April 22nd is the final date to receive an 'on-time' discount on the contract price (\$100 for grade school and \$50 for 3, 4 or 5-day early childhood). Materials, trip and TAP fees will be invoiced and are due May 15, 2019.

Tuition Assistance Applications

If you are applying for tuition assistance, but have not yet completed it, please speak to Cindy. If you submitted your TA application by the February 28th deadline, you should receive your TA letter before spring break. When completing your enrollment contract please note "TA application submitted" on the form and drop it off in the business office with your deposit, by April 22, 2019.

Feel free to be in touch with Cindy with any questions.

From Administration

Enrollment News

NOW ACCEPTING NEW APPLICATIONS FOR SEPTEMBER 2019 – If you have friends or family who may be interested in RVWS for their children, there are several ways for them to learn more: Have them contact Cindy by telephone or email to schedule a private tour, encourage them to peruse www.rivervalleyschool.org, invite them to come for Mayfaire – we're holding an Open House in the morning before Mayfaire begins – so it's an ideal way to share both Waldorf education and River Valley's community with guests!

SAMPLE MORNINGS @ GARDEN GATE – Every Thursday from now through 4/11/2019, Garden Gate is open for visitors. Children under 3, together with their parent or caregiver can join for a day. Space is limited to 3 spots each class, so registration is required. Contact Cindy to reserve a spot. admissions@rivervalleyschool.org or 610-982-5606

Missing Classroom Items

We are sad to say that several items are missing from our Early Childhood classrooms. The Garden Gate room is missing two large quartz crystals, and an amethyst crystal cluster and a Tippery Tim wool puppet have disappeared from the Moon Room. If any of these items inadvertently found their way home with your children, please bring them to school and leave them on the front desk. No questions will be asked.

Attention Parents

If your child's end of the day plans change please make sure you inform the school by 1 pm. This is especially important when it involves changes to the bus schedule. Dismissal is a very busy time and we need to keep the chaos to a minimum for sake of everyone's safety. Thank you for your cooperation.

New Music After School Program with Kris Ramakrishna There's still time to join!

Kris Ramakrishna, a River Valley alum, is an international composer, performer and guitarist and soon to be Berklee College of Music graduate. Kris is ready to give back to River Valley by sharing and inspiring RVWS grade school children through music from around the world. Children are encouraged to bring their voices or instruments, and Kris will lead them in an ensemble setting while helping them enrich their musicality. Recommended for 3rd grade and above.

It will run on Mondays starting March 25, 3:30-5 pm. The week of May 2, it will shift to Thursdays, same time, until May 30. A registration form is at the back of this week's Current.

Missing Kitchen Implement

Did you borrow the red immersion blender that belongs to Chef Reinier? If so, please bring it back or his popular lunchtime delicacies will suffer because he uses it almost every day. The cooking equipment in the kitchen belongs to Reinier, not the school, so please respect the space and don't borrow things without his permission. Thank you.

From The Faculty

What the Children are Learning:

First Grade – Arithmetic Second Grade – Language Arts Third Grade – Arithmetic Fourth Grade – Local Geography Fifth Grade – North American Geography Sixth Grade – European Geography Seventh Grade – Drama/Middle School Play Eighth Grade – Drama/Middle School Play

House Needed ASAP

The MacDonald family, (Miss Molly, Dave, Oliver, and Edierose) have just been given notice that the farm they live on is being sold and they need to find new housing by May 22. If you know of a place for rent within 20 minutes of the school please reach out to Miss Molly at mollyandollie@gmail.com.

Very Special Grand Piano for Sale:

Knabe and Co, Baltimore, 1900's

- warm brown walnut, ivory keys, beautiful interior, carved legs, lovely sound
- professionally refinished 10 years ago, temp control system
- needs tuning and a loving home, \$6500

Annie - 203-556-2162, aporter@rivervalleyschool.org

I can email pics, and you are welcome to come try it out!

From Parent Council

Summer Camps

Parent Council has compiled a list of summer camps that children from River Valley have attended to serve as a resource for parents making summer plans. A copy of this list is also on our website in the Parent Resources section. (If you need the password, please contact the school.)

BUCKS COUNTY

Camp Onas - sleep away camp, Ottsville, PA Ages 7-13 <u>http://camponas.org</u>

Bucks Audubon Nature Camp- New Hope, PA Ages 4-10 https://www.bcas.org/product/summer-camp-nature-camp/

Painted Dreams Horse Farm- Newtown, PA ages 6-14 http://www.painteddreamshorsefarm.com/summer_camps.html

Rock Camp- Kintnersville, PA http://jimmerostudio.com/School_of_Rock/index.html

Camp Curiosity all ages https://www.campcuriosity.com

Grounded Kids Yogic Arts, Games & Swim Camp (A new offering from River Valley parent, Felicia Holtz) Ms. Prem & friends, Point Pleasant, PA, Tuesday – Friday, July 30 – August 2, 11am – 4:30 pm, \$260. Ages 8 – 12

LEHIGH VALLEY

Banana Factory Art Camps https://www.bananafactory.org/classes/summer-camps/

Baum School of Art https://www.baumschool.org

(Continued next page)

HUNTERDON COUNTY

Camp Muck & Gold-Stockton, NJ ages 8-14 https://www.muckandgold.com/summer-camp.html

Mill Ballet School Summer Camp- Lambertville, NJ ages 3-18 https://www.millballetschool.com/summer-dance-programs

Howell Living History Farm- Lambertville, NJ http://www.howellfarm.org/ShowPage.aspx?PageID=25

Shields Gymnastics Camp- Flemington, NJ ages 5+ https://www.shieldsgymnastics.net/camps

Gravity Vault Rock Climbing Camp- Flemington, NJ https://www.gravityvault.com/locations/flemington-nj/programs?

Paint Party Farm-Sergeantsville, NJ https://paintpartyfarm.com/kids-day-camp/#camps

Milford Summer Camp- Milford, NJ https://www.facebook.com/Milford-Summer-Camp-130212740399190/

Riegel Ridge Summer Camp- Holland Twp, NJ http://www.riegelridgecc.org/summer-camp

Artisan Market at Mayfaire!

If any of the grades or students would like to participate in selling their handmade creations at the Mayfaire this year, please email Ivy at karunagoddess@gmail.com

From the Committee for Social Justice

Statement from the Committee for Social Justice

We are greatly saddened by the many terrorist attacks targeted against marginalized communities in our country and around the world, most recently against the Muslim community in New Zealand on March 19. These attacks are an attempt to intimidate people everywhere, including those in our community. We interpret the RVWS vision statement as a call to action in the face of this event.

"River Valley Waldorf School prepares the children of our community to meet the future with compassion, a will to practical action, creative independent thinking and a life-long quest for learning. Inspired by the insights and worldview of Rudolf Steiner, the school honors the rhythms of human development as a basis for learning throughout life. As a community, we seek to build confidence, a sense of belonging and strength of purpose. River Valley Waldorf School, as part of the global Waldorf education movement, cultivates social responsibility and a respect for the earth."

Waldorf values call us to stand in solidarity with marginalized groups everywhere, and to confront bigotry and hate at every opportunity. If you would like to stand in solidarity with targeted communities, please attend the regular Social Justice Committee meetings every third Monday of the month at 3:30 in the second grade classroom. The next meeting will be Monday, April 22nd.

From the Community

Purely Farm will be back again at River Valley this	Hemp Oil Presentation
Friday, April 5 th !	Come learn about the wonderful benefits of hemp and
Spring is here and the pigs at Purely Farm are eagerly	an amazing business opportunity! Please join us at the
anticipating fresh green grass, calming cool breezes	Junto Emporium on Thursday, April 11 at 7pm for a
and relaxing in the sun as the soil begins to warm up.	presentation about the human endocannabinoid
Purely Farm will be set up outside the front doors of the	system and our ever-evolving relationship with
school, rain or shine, warm or cold. Check out their	cannabis in a deregulated climate. We will have
diverse array of pork and turkey, from killer kielbasi to	samples of our new hemp oil, as well as tasty snacks.
shoulder roasts to 5 different varieties of sausage; it is all	26 Bridge Street, Frenchtown
listed on the attachments. Be sure to stop by, say good	Contact Sara Fishkin for more details.
morning and take home a meatloaf for dinner!	908.323.9691sarajoyfishkin@gmail.com
Cats looking for a home	The Children's Farmhouse Summer Camp
We are looking to rehome our two wonderful red tabby	Children will experience the sweetness of summer by
cats, due to severe allergies in our home. Jack and	engaging in the natural world, Opportunities will be
Jinny are the sweetest, softest, laid-back kitty siblings in	provided for free play, water play, gardening and
the world. They are both 2 years old and up to date on	nature walks. Our seasonal circle of song along with
all their shots. They enjoy hiking with us in our backyard,	stories and related crafts will gently carry children
overseeing garden planning, building marble runs,	through their summer days.
reading over our shoulders and purring when looked	July 1 – August 9, Monday through Friday, 9 am-3 pm.
at! If you feel that you are a fit for this	Children ages 5 and up (turning 5 this year).
kid/dog/cat/everything-friendly duo, text me, Brooke	Cost: \$50/day
Way (mom to a Moon Room kiddo) at 215.500.5769 or	80 Berger Road, Easton, PA, 610-573-7106, email:
email me at flypeterfly@hotmail.com.	thechildrensfarmhouse@gmail.com
Camp Muck and Gold (6th grader Loie Gallagher's mom and dad's creation) for ages 8-14 July 15-19, July 22-26, July 29-Aug. 2 A home camp run by experienced artist/educators who continue to be curious about the world, find wisdom in imperfection and embrace the unknown. Our program is multidisciplinary - art, music, dance, science, nature, emotions, food, writing so great ideas can come from playing and collaborating with everything and everyone. Limited space, register soon! Email:	Hawthorne Valley Farm Camp Kids Can Cook Day Camp – Ages 8-13 – June-August – Cooking, Gardening, Animal Care and more House Camp – Ages 8-12 - July-August – Archery, Gardening, Feeding Animals, Nature Projects, Hikes, Cookouts, Swimming Field Camp – Ages 12-16 – July-August – Campers become junior apprentices on the farm – 2 and 4 week sessions Hawthorne Valley, New York. Contact: PBLC.HawthorneValley.org 518-672-7500 x201
 Chined space, register soon Email. Cbodwitch@gmail.com or call/text 201-240-0435. Other RVWS children are attending so contact us for carpooling possibilities. Tenor Sax Player Needed We are looking for a tenor sax player to play with our band at Parent Stage. Contact David Bader 610-220-4409 or david@thelab.net	Earth School Summer Camp Staying connected to self through nature June 24-August 23 (8 one-week sessions) at Bucks County Audubon in Solebury, PA For 6-13 year olds. Space is limited (intentionally). www.earthschoolforkids.com, a non-profit reducational organization. 267-454-4491.

Plowshare Farms CSA

Registration is now open! River Valley Waldorf School family, Teddy, Faith, and Clement Moynihan raise chemical-free, naturally-grown produce in Pipersville, and offer a 24 week, on-farm CSA, June through Thanksgiving.

From garden variety veggies to heirloom oddities, we have been growing food for our community for six seasons, and are eager to share the bounty with our new community--Clement just joined the Acorn Room in September.

Please check out what we're all about at plowsharefarms.com or @plowsharefarms.

Wanted Dead or Alive – Spotted Lanternfly

Join the Tinicum Conservancy on **Thursday, April 18th**, **7-9:30 pm** for a Spotted Lanternfly Community Education Presentation at Tinicum Elementary School Library, 162 E. Dark Hollow Road, Pipersville, PA

The Spotted Lanternfly is an invasive insect from eastern Asia that has spread throughout southeastern Pennsylvania since its discovery in Berks County in 2014. This colorful devil covers trees and other surfaces by the thousands and is a significant threat to Pennsylvania's hardwoods, fruit trees and grape vines.

Join us to learn how you can identify and help stop the spread of this invasive insect.

Artyard

Exhibition: The Creative Commons: Progressive Studio Practice - January 12 – April 15

Upcoming Events:

Friday, April 5, 7:30 pm Please join us for a night of musical celebration with The Lovestruck Balladeers

Saturday & Sunday, April 6-7 Sacred Harp Singing School Workshops with Gregory Corbino, (singing & potluck on May 19th.)

Saturday, May 4th, 7:30 pm Screening of Paper Moon, the 1973 comedy drama starring Ryan O'Neal and Tatum O'Neal

Saturday, June 29th, 7:30 pm Screening of Finding Vivian Maier, directed by John Maloof and Charlie Siskel followed by a communal, bring your own picnic

Go to: **artyard.org** for tickets and more information about all of these events. ArtYard, 62A Trenton Avenue, Frenchtown, NJ 08825. Gallery Hours: Wednesday – Sunday, 11:00 AM - 5:00 PM.

Learning Virtue, Living Virtue

Learning Virtue, Living Virtue by Paul Ritchie April – Mindfulness

Jesus said, "If you bring forth what is within you, what you bring forth will save you. If you do not bring forth what is within you, what you do not bring forth will destroy you." The Gospel of Thomas; Saying 70, Secret Teachings of the Gnostic Gospels

The riddle of this saying at first glance appears to be opaque: what does it mean to bring forth? What does it mean to be saved? What will be saved? What will be lost? Why is this conditional? What is our reward for bringing forth this condition? And what is the destruction that we will face if we do not bring forth everything? The answer to these questions and more come from mindfulness. When practiced conscientiously, it provides focus

The answer to these questions and more come from mindfulness. When practiced conscientiously, it provides focus and discipline in addressing relief from suffering and dispelling of illusions.

(Continued on next page.)

So what is mindfulness?

According to Steven F. Hick, Professor of Psychotherapy, mindfulness practice involves both formal and informal meditation practices, and nonmeditation-based exercises. Formal mindfulness, or meditation, is the practice of sustaining attention on body, breath or sensations, or whatever arises in each moment. Informal mindfulness is the application of mindful attention in everyday life. Nonmeditation-based exercises are specifically used in dialectical behavior therapy and in acceptance and commitment therapy.

What does that mean in terms of bringing forth our best and making good choices?

By being more attentive to ourselves and those around us, we can better recognize potential pitfalls, more clearly act on opportunities and make the best use of our whole selves.

Jon Kabat-Zinn, in his 1990 classic, Full Catastrophe Living, wrote,

"A new branch of medicine known as behavioral medicine...believes that mental and emotional factors, the ways in which we think and behave, can have a significant effect, for better or worse, on our physical health and on our capacity to recover from illness and injury.

In terms of clinical diagnoses, it has proven beneficial for people with depression and anxiety disorders; however, the program is on a one-time basis meant to serve anyone experiencing significant stress."

Can you provide any examples? What does this look like?

Sure. Example #1, in terms all of us can understand, is **get out of our own way**. We live with jam-packed calendars, a tyranny of our own making. Who among does not rue how limited we are, even as we strive to take on still more work?

Example #2 closely trails #1: **be honest with yourself**. Even as we become more technically productive, are our expectations of ourselves realistic? How about sustainably realistic? Even as media and messages proliferate?

Easier said than done. It's hard to set priorities with so much busyness.

It's even harder to set priorities when we don't **take stock of our own lives**. It's easy to fall behind in our work when we take events randomly... or neglect relationships with family and friends.

Ask yourself – what needs to change to better reflect your real priorities? Embarrassment and inertia are powerful foes. Fatigue can sap our will. We can become lazy. We can get distracted.

But we are powerless, alone and rudderless only if we permit ourselves to be.

We are sustained by our commitment to virtue:

- Hope is actively purposeful, providing us with a rich, meaningful experience and work, directed by the characteristics of virtue.
- Integrity implies implicit obedience to the dictates of conscience. It insists upon seeking the truth, the whole truth and nothing but the truth.
- Gratitude comes from humble recognition of our connection that the universe is a gift for all and life is the first gift.
- Soul is not a thing, but a quality or dimension of experiencing life and ourselves. Care implies a way of responding to expressions of the soul that is vulnerable.
- Prudence lights the way for decision-making and action. It defines the judgmental basis for wisdom and the kind of being a person is to be.
- Patience gives us clarity of vision in times of unrelenting technical technological, social and work-related pressures.
- Fortitude provides courage to stand up when one's well-being and the well-being of others is threatened.

We return to Jesus's initial challenge: "If you bring forth what is within you, what you bring forth will save you. If you do not bring forth what is within you, what you do not bring forth will destroy you."

Consistent commitment to virtue enables us to bring forth the best within us and and what will save us.

In short, mindfulness.

All Together Now: Singing is Good for your Body and Soul

As scientists show that choir practice is healthier than yoga, Sarah Rainey – who does both – praises the power of song. By Sarah Rainey

After years of singing in the shower and warbling my way through karaoke duets, 18 months ago I finally joined a choir. Every Thursday evening, I head to a church hall in Marylebone, central London, where, along with 30 others – mostly women, the occasional bloke – I spend 90 minutes belting out Motown, gospel and pop classics, from Abba to Bon Jovi. I'm more of a keen amateur than a wannabe soloist, but even the odd off-key note or wrong lyric can't detract from how good singing makes me feel. I leave every session uplifted, buoyed by a flurry of endorphins flooding through my body.

So it comes as no surprise that scientists have shown that not only does singing in a choir make you feel good, it's got health benefits, too. Researchers at the University of Gothenburg, Sweden, found that choristers' heartbeats synchronise when they sing together, bringing about a calming effect that is as beneficial to our health as yoga.

The scientists asked a group of teenagers to perform three choral exercises – humming, singing a hymn and chanting – and monitored their heart rhythms during each. They showed that singing has a dramatic effect on heart rate variability, which is linked to a reduced risk of heart disease. "Song is a form of regular, controlled breathing, since breathing out occurs on the song phrases and inhaling takes place between these," says Dr Björn Vickhoff, who led the study. "It gives you pretty much the same effect as yoga breathing. It helps you relax, and there are indications that it does provide a heart benefit."

Having done both yoga and singing, I'm inclined to agree. Panting one's way through a downward dog just isn't as soothing as a floaty aria; nor does contorting oneself into the shape of a cobra make you feel quite as good as a burst of Aretha Franklin. Yoga may supposedly be relaxing, but it's also sweaty, tiring and often painful. Singing, on the other hand, never fails to leave me feeling fabulous. But is it really better for your heart?

Over the years, scientists have found that crooning has a number of health benefits. The Gothenburg researchers proved that with singing we can train our lungs to breathe better; similarly, a study at Cardiff University in 2012 found that lung cancer patients who sang in a choir had a greater expiratory capacity than those who didn't. Singing has also been shown to boost our immune system, reduce stress levels and, according to a report published in the Journal of Music Therapy in 2004, help patients cope with chronic pain. A joint study by Harvard and Yale Universities in 2008 went one step further, claiming that choral singing in a Connecticut town had increased residents' life expectancy.

"Singing delivers a host of physical and emotional benefits, including increased aerobic exercise, improved breathing, posture, mindset, confidence and self-esteem," says Jeremy Hywel Williams, who leads the Llanelli Choral Society in Wales. "While singing alone is good, singing with others can be even better."

It explains why we Brits are flocking to choirs in our thousands. There are more than 3,000 groups listed on the British Choirs on the Net website, and the body that runs my choir, Rock Choir, has over 16,000 members in 250 communities nationwide. There are said to be more choirs across the country now than there are fish and chip shops. Gareth Malone, the preppy choirmaster credited with reigniting our interest in choral singing through his BBC Two series The Choir, helped a new generation of singers realise the benefits of making music; his Military Wives Choir had a Number One hit in December 2011.

Tom George, a Rock Choir leader in Surrey, says singing takes his members' minds off physical and mental illnesses. "We receive many emails from members telling us how Rock Choir has helped them," he adds. "People recovering from depression, arthritis, surgery, dealing with the effects of cancer and many other ailments find it a real tonic and have even suggested it should be prescribed on the NHS."

Do choristers agree? David Webb, 30, part of the Amore quartet that serenaded the Queen during the Diamond Jubilee Pageant, equates singing with a session at the gym. "Using your whole body as you sing is massively important," he adds. Rachael Brimley, 25, from Bedfordshire, whose vocal group Les Sirènes was named the 2012 Choir of the Year, agrees: "The discipline of breathing often feels like a good workout, as you are using the core muscles and focusing your energy to achieve a great sound."

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Alex Bucktin, 25, a graphic designer from Harpenden, joined a choir in March and says singing has helped her sleep more soundly. She adds: "I have done yoga and pilates, and singing uses so many muscles and so much concentration on your breathing that it exerts your body in the same way." Suzie Jennings, 30, a London-based resource manager, says she has slept better since she started singing last year, and has noticed a positive mental effect. "A few months ago I was made redundant on the day of choir practice," she explains. "I went along feeling pretty depressed, and while singing didn't solve my employment issues, it made me feel a million times better."

Choral singing has been used as music therapy in hospitals, care homes and hospices for decades. "Singing enables people with dementia to access memories and joy in times when communication is faltering," says Sarah Teagle, co-founder of the Forget-Me-Not chorus, a charity for dementia sufferers.

Can as much be said for the downward dog? Those living in Los Angeles don't have to choose between the two: vocal yoga is the latest trend in the US, combining the health benefits of both in a single class. Back in the UK, no such newfangled activity exists – but joining a good old-fashioned choir can provide benefits aplenty. The science doesn't lie: singing really is better for your health than yoga. And, in the words of Ella Fitzgerald, "the only thing better than singing – is more singing".

OIVER					
Thursday, April 4th, 6:30 pm	# adults	# kids			
Friday, April 5 th , 6:30 pm	# adults	# kids			
Saturday, April 6th, 2 pm	# adults	# kids			
Ticket prices \$6 child, \$10 adult or \$30 per <u>immediate</u> family.					
Name:					
Phone:					
We can only take prepaid reservations. Make check payable to River Valley Waldorf School. Put "Oliver" in the memo. Bring form & check to the office.					

After-school Music Program Registration Form

From the end of March to the end of May we will be adding a new Music afterschool session!

Kris Ramakrishna, a River Valley alum, is an international composer, performer and guitarist and soon to be Berklee College of Music graduate. Kris is ready to give back to River Valley by sharing and inspiring RVWS grade school children through music from around the world. Children are encouraged to bring their voices or instruments, and Kris will lead them in an ensemble setting while helping them enrich their musicality.

Recommended for 3rd grade and above.

Classes will meet on Mondays, March 25, April 1, 8 and Thursdays, May 2, 9, 16, 23, 30. The classes will culminate in a performance at the Friday assembly on May 31st.

Cost for the program is \$170.

XXXXX	·····×····	XX	······X
Student's Name			
Student's Teacher			
Parent's Name			
Parent's Phone Home:	Work:	Cell:	
I would like to register my child for:			
After-School Music Program (8 classes)		TOTAL: \$170	

NOTE: Materials fee is included in the price.

Payment in full must be attached to the registration form. Payment is non-refundable and is set regardless of the number of classes actually attended by your child. Class will be filled on a first come first served basis.