



River Valley Current

September 12, 2017 No. 484

No day should pass in our human life without our receiving at least one thought that alters our nature a little, and enables us to develop instead of merely to exist.
– Rudolf Steiner

School Calendar

This Week

- Wednesday, Sept 13**
Middle School Enrichment Evening 6:30 am
6th, 7th & 8th Grade Class Meetings
- Thursday, Sept 14**
3rd Grade Parent Evening 6:30 pm
- Saturday, Sept 16**
7th & 8th Grade Work Day

Looking Ahead

- Sunday, Sept 17**
Moonshine & Millet at the Bader's 2-6 pm
- Monday, Sept 18**
5th Grade to Camp ONAS until Sept 20th
2nd Grade Parent Evening
- Wednesday, Sept 20**
1st Grade Parent Evening 6:30 pm
- Thursday, Sept 21**
Rosh Hashanah – NO SCHOOL – Faculty In-Service
- Wednesday, Sept 28**
Michaelmas, In-School Celebration
- Friday, Sept 29**
Yom Kippur – NO SCHOOL
- Sunday, Oct 1-7**
8th Grade Sail on the Clearwater on the Hudson River
- Thursday, Oct 5**
Middle School Reading Group
- Saturday, Oct 7**
Hoedown at the Goldstein's 3:00 pm
- How to Contact Us**
info@rivervalleyschool.org
lc@rivervalleyschool.org
bot@rivervalleyschool.org
pc@rivervalleyschool.org



At the Rose Ceremony on the first day of school we welcomed our new first graders into the grade school. Look inside for more pictures.

Moonshine and Millet Party Re-scheduled

The party at the Bader's house planned for the end of August has been re-scheduled for this **Sunday, September 17th, 2-6 pm**. See the All-School E-mail you received for all of the details.

Harvest Moon Hoedown

On Saturday, October 7th at 3 pm, the third grade class will host a fundraiser for their upcoming Farm Trip.

It will take place at the home of the Goldstein family, Peace Place, 23 Merrill Creek Rd. Washington, NJ 07882.

The event will be family friendly with local live music, including Moonshine and Millet, food, vending and craft beer with an emphasis on sustainability. To request an invite with all the details-email Tina at supernaturaldancer@yahoo.com

Save the Date

An Evening with Kim John Payne,
"Social Inclusion and
the New Rites of Passage"

Saturday evening, October 14th at RVWS

Parent Council is meeting today,
September 12th at 2 pm
at the Homestead.
All are welcome.

Food to Order (Grades students only)

Lunch Forms are due today, September 12th. The form is attached to this week's Current and needs to be returned with payment to the pocket on the kitchen door.

Pizza Day, a fundraiser for the 3rd grade Farm Trip, begins this Friday, September 15th. The forms are in the back of the Current and are **due tomorrow - Wednesday the 13th** in the folder on the office door.

Hoagie Day, a fundraiser for the 8th grade Class Trip, begins on Thursday, September 28th. Forms for this are also in the Current and are due back in the folder on the office door by September 20th.

From Administration

Aftercare

RVWS provides After-school care every day from 3:20 until 5:30. Emily Chang, our new Aftercare teacher, is leading the program this year. We can only accommodate 10 students every day so please be sure to sign up on the bulletin board opposite the office door to reserve a spot for your child.

Volunteer Needed

We are looking for someone to cut the grass in the courtyard. We have a lawn mower we just need someone to use it. Please let Robbie, Tiffany or Reeve know if you are that person. Thank you.

Current Submissions

If you would like to submit something to be printed in the Current, the deadline is 6 pm on Monday. Please be sure to email your submissions to: info@rivervalleyschool.org before the deadline.

GARDEN GATE Parent-child class

Begins Wednesday of this week! If you, or someone you know has a child under 3 years of age this sweet, once weekly class is just the ticket. We have one space available on both Wednesday and Thursday. There is a 3rd group forming on Tuesdays which will start in the next week or two. Contact Cindy Schretlen for more information, or visit our website.

Box Tops for Education

We collect Box Tops for Education to benefit our school. You will find "Box Tops" on many of the products you use. Each box top is worth at least ten cents. Participating companies include: General Mills, Cascadian Farms, Pillsbury, Yoplait, Betty Crocker, Huggies, Cottonelle, Kotex, Pepend, Ziploc, Hefty, Kleenex, Scott, Viva, Saran and more. Look for specially marked boxes and drop-off the box tops in the basket in the lobby. If you don't use these products, perhaps a relative or friend does. Thank you for your support. And thank you Karen Jacobs for volunteering to coordinate the program for us this year.

School Photos This Week

School photos are being taken earlier this year. The schedule below shows when each class will be photographed. Forms to order photos are in the back of this week's Current.

Moon Room – Tuesday, Sept. 12
Star Room – Wednesday, Sept. 13
Acorn Room – TBA
1st grade – TBA
2nd grade – Tuesday, Sept. 12
3rd grade – Friday, Sept. 15

4th grade – Tuesday, Sept. 12
5th grade – Thursday, Sept. 14
6th grade – Tuesday, Sept. 19
7th grade – Wednesday, Sept 13
8th grade - TBA

Child Passenger Safety Week is September 17-23, 2017

...so we wanted to share the following, provided by the PA Traffic Injury Prevention Project and the Pennsylvania Department of Transportation, who are working together to educate parents and caregivers during Child Passenger Safety Week.

Car accidents are a leading cause of death for children 1 to 13 years old. In Pennsylvania from 2012 – 2016, 82 percent of the children under age 4 who were involved in accidents and restrained in a car seat sustained no injury (2016 Pennsylvania Crash Facts and Statistics). Many deaths and injuries can be prevented by correct use of car seats, boosters and seat belts. In 2016, the Pennsylvania Occupant Protection law was enhanced to require children younger than age 2 to be secured in a rear-facing car seat. To learn more about Child Safety Week events and resources go to: <http://pakidstravelsafe.org/resources/cps/item/863-child-passenger-safety-week-2017>.

Thank you

Thank you so very much to Pat Temples, Dirk Van Ouwerkerk, Barbi Fury, and Rebecca Brown for their invaluable help last weekend! The children are loving their new "Squirrel's Nest" play yard and it would not have been possible without you. Thank you!!

From the Faculty

What the Children are Learning:

First Grade – Form Drawing

Second Grade – Form Drawing

Third Grade – Old Testament Stories

Fourth Grade – Math

Fifth Grade – Botany

Sixth Grade – Geometry

Seventh Grade – Anatomy

Eighth Grade – Physics

Welcome New Teachers

Every year we ask our new teachers to write a paragraph introducing themselves to the community. This week we are featuring Gabrielle Nembhard, our first grade teacher, and Emily Chang who will teach Aftercare and substitute in the classrooms.

Gabrielle Nembhard is delighted to be joining the River Valley Community as the first grade teacher. She was first introduced to Waldorf education as a student in Waldorf schools. After graduation, she came full circle, obtaining her BS in Education and spending many years having nothing whatsoever to do with Waldorf education. She gradually began dipping her toes back in to Waldorf teaching, until deciding to jump right in. She has lived in the Midwest, Northwest, and East Coast, and is married to a spectacular man from Jamaica. She loves going for long walks, practicing yoga, hanging out with her husband, reading, talking with friends and family, drinking tea and coffee, and spending time in Jamaica.

Emily P. Chang was born and raised in New Jersey, educated in the public schools of Edison, starting with Martin Luther King, Jr. Elementary School as a kindergartner and graduating from John P. Stevens High School. Her undergraduate alma mater, Syracuse University, awarded Ms. Chang with a Bachelor of Arts from the School of Arts and Sciences majoring in Psychology in 1998. The degree allowed an expansive professional versatility from graduate studies in medicine, nonprofit program directorship, and various part-time experiences in many industries from food and retail to personal creative pursuits. It is with great respect that Ms. Chang accepts the position at River Valley Waldorf School. In her words, "The trust and warmth of the community at the school resonates with a higher octave in my soul, and I feel honored to be contributing. Best to all in the coming ten months!"

RVWS Parent Enrichment Evenings

We warmly welcome you to join us for our evening lectures presented by the faculty! Each Parent Enrichment Evening will begin at 6:30 pm in the All-Purpose Room beginning with a 45 minute presentation, followed by an opportunity for questions and discussion. Some teachers will schedule class meetings in conjunction with these presentations so please check with your child's teacher for more details. Everyone is invited to attend any of the lectures; they are not just for parents of children in specific classes.

Middle School - Wednesday, September 13th

Brain Development in 12-14 Year Olds as it Relates to Electronic Media

Early Childhood - Thursday, November 16th

How to Survive the Holidays

4th & 5th Grade - Monday, January 29th

The Four Temperaments

1st, 2nd & 3rd Grade - Monday, March 12th

Building the Foundations of Numeracy and Literacy

On the first Thursday of each month throughout the year Annie Porter will be holding a reading group from 7-8 pm on Betty Staley's book, *Between Form and Freedom*. It is open to anyone in the community. The next meeting will be Thursday, October 5. All are welcome.

Handwork Assistants Needed

If you have some free time during the school day and would like to experience the magic of Handwork in the classroom, consider volunteering as a Handwork Assistant. I am looking for several people who can devote a few hours to helping busy hands learn how to knit, crochet and sew. If you have availability in the mornings and/or afternoons on Monday, Tuesday, Thursday or Friday please contact Miss Till at mtill@rivervalley.school.org.

Adult Handwork Classes

Have you ever wished you could trade places with your child and take Handwork classes? This year adult Handwork classes will be offered after drop-off on some mornings. There will be several projects offered throughout the year on different days of the week.

The first project celebrates Autumn with a needle-felted Autumn Fairy to grace your seasonal table. Classes will be held in the Handwork room after drop-off 8:35 – 10:30 on Tuesday 9/19 and Friday 9/22, Tuesday 9/26 and Thursday 9/28.

The cost of the classes is \$40.00 plus materials fee due at the first class. Cash is preferred, please. E-mail Mary K. Till, the Handwork teacher, at mtill@rivervalleysschool.org if you are interested in attending or have questions. Reserve your spot as space is limited. Young children are welcome.



From the Parent Handbook

Every week for the first few weeks of school we will feature something from the Parent Handbook for your reading pleasure. This week's subject is: Attendance

Absences

Title 22 of The Pennsylvania Code articulates all laws pertaining to education. RVWS has created the following policy to achieve compliance with the Pennsylvania Department of Education (PDE) attendance regulations while meeting the needs of our community. Parents and teachers alike recognize the benefits of regular attendance for the education of the individual and also for the health of the class. All absences are classified as cumulative or non-cumulative.

Cumulative absences are parent-verified, must be due to mental, physical or other urgent reasons and are limited to 10 absences per year.

Non-cumulative absences include:

- illness verified by a licensed health practitioner
- health care or therapy with licensed health practitioners that cannot be reasonably scheduled outside of school hours - must be verified by practitioner
- religious holidays – parent note
- religious instruction (not to exceed 36 hours/year) – parent note
- death in the family – parent note
- court appearances – parent note
- tutoring in areas not offered by the school - verified by tutor
- approved educational trips, with prior notice by Family Trip Form

All absences must be documented by a letter of excuse when your child returns to school. While a phone call is appreciated on the day of absence, it does not take the place of a signed, written note. If a note is not submitted within 3 days, PDE considers the absence to be permanently classified as unlawful. Notes of excuse may be handwritten and delivered to your child's teacher. Alternatively, an email may be sent to attendance@rivervalleysschool.org with a cc: to your child's teacher. After 10 cumulative absences, **every absence requires a physician's note** or it is considered unlawful. After three unlawful absences a meeting is held with parents, class teacher and administration to form a Student Attendance Improvement Plan. Further unlawful absences must be reported to the child's home school district. This could lead to the parents being referred to the county Child and Youth Agency or the local magisterial judge. Penalties can include fines, community service, completion of a parenting education program, and/or imprisonment.

Lateness and Early Dismissal

Late arrivals and early dismissals are also classified as cumulative or non-cumulative. Seven of these partial days will accrue as one full day absence.

Family Travel

Parents are required to submit a Family Trip Form a minimum of 2 weeks prior to travel. The form requires parents to attest to the academic value of the trip. Approval by the school and the class teacher is contingent upon the student being in **good academic standing**. Family trips may not exceed five school days per academic year. A signed document from each family indicating that they are aware of the policy will be required, however failure to sign the form will not exempt any family from the policy.

From the Community

A Toy Garden

Erika and Pete Gustavson are the proud owners of A Toy Garden, the online source for Waldorf dolls, Bolga baskets, natural toys, crafts, and games, as well as high quality Puddle Gear and woolens! River Valley families enjoy 10% off all online orders with coupon code "RVWS10" -- plus free local pickup at the school! Visit them at www.atoygarden.com!

Healthcare Workshop at Kimberton Waldorf School

"Home Health Care: Nurturing and Nourishing Ourselves and Children" with Anthroposophic Nurse Karen Moyer Alderfer is open to parents and teachers October 7-8 in Kimberton, PA. In this hands-on course, you'll learn how to care for your family at home with natural home health care techniques, such as wraps, poultices, massages, and inhalations for common childhood illnesses and fevers. Karen will explain the importance of warmth, sleep and good nutrition for your growing child, the role that childhood illnesses play in your child's development and more -- all with practical suggestions for everyday use.

The workshop is part of the LifeWays Training offered at Kimberton Waldorf School that is open to the public. It meets 9-6 on Saturday, Oct. 7 and 9-12:30 on Sunday. Lunches, snacks and supplies are included in the workshop fee. To learn more and register online, see www.lifewaysnorthamerica.org/upcoming-workshops/. For questions, contact Chinyelu Kunz at 610-933-3635x109 or email her at ChinyeluK@LifeWaysNorthAmerica.org

18th Annual Peace Fair

Promoting Harmony in the Home, Community, Environment and the World
Saturday, September 23rd – 10:30 – 4:00 – Rain or Shine!
At Buckingham Friends Meetinghouse and School – 5684 York Rd. (Rte. 202 & 263) Next to Peddler's Village in Lahaska, PA
A fair for the whole family! Featuring Live Music, Craft and Art Vendors, Food, Kids' Games Book Sale, Animals, Mindfulness, Poetry and an Historic Quaker Meetinghouse. Free Admission. Sponsored by Bucks Area Quakers.
For more info: peacefair.org

Annie in Brooklyn

Adele Ricci (4th grade) and her mom, Gina, will be appearing together in a production of "Annie" with the Gallery Players in Brooklyn, September 16th – October 8th. For more information or to buy tickets go to: galleryplayers.com, 212-352-3101.

German Club in Milford

German Club for 3rd-5th graders will again take place at the Presbyterian Church in Milford, beginning on Monday, September 25, 3:30-4:30pm. The cost is \$150 for ten weeks of classes, (\$15 per class), and car pooling to Milford may be available.

German Club provides an opportunity for kids to continue (or begin!) their enthusiasm for the German language, to learn about European culture, or to prepare for a family vacation abroad. There will be songs, stories, games, and activities that have delighted Bucks area kids for years. An advanced German class for older students is also available at the church on Tuesday afternoons. Contact: Peter Ray, peter.ray@comcast.net.

4th Annual Kids' Fun Run – October 7th (Raindate October 8th)

Alexandria Park 242 Little York-Mt. Pleasant Road, Milford, NJ 0-8848
Registration: 10:00am Race Starts: 10:30
Free event for the entire family!! Events include – 1 or 2 miles run or walk, Games & Prizes, Music by DJ Sean, Arts & Crafts, Face Painting & Balloon Animals, Food & SO MUCH FUN!
For more info visit www.ghcm.com/kidsfunrun

Scaffolding Needed

Does anyone know someone who would lend me scaffolding for a few weeks? Please contact Mary K. Till at 267-897-0225. Thank you!

Free Farmer's Market – Bucks County

Fresh Connect Bucks County is a free farmer's market bringing fresh, healthy food to our hungry neighbors in Bucks County. It returns to the same location on the same day at the same time each week, providing reliable and needed food to the 57,000 Bucks County residents facing hunger, 32% of whom are children. Fresh Connect is a collaboration of Bucks County Opportunity Council, Philabundance, Rolling Harvest Food Rescue and St. Mary Medical Center, with generous funding by United Way of Bucks County. In case of severe weather, please call 215.345.8175 for cancellations and additional information.

Upper Bucks Location - Routes 611 and 412 in Ottsville

For more info - <http://www.bcoc.org/i-need-help-with/food-2/fresh-connect/>

St. Luke's UCC Rummage and Bake Sale

Thursday & Friday, October 12 & 13, 9 am-8 pm,
Saturday, October 14 – Bag Sale All Day 9 am-4 pm.

Sale will take place at the building located at the intersection of Routes 412 & 611 in Ottsville.

Donated items welcome there from Sept. 12. Or drop off items on the porch at the schoolhouse of St. Luke's UCC Church on Durham Road. No computers, fax machines, printers, TVs, cribs, car seats, mattresses, encyclopedias, used paint cans, or items needing repair please.

For info call: 484-357-5247 or 215-479-2724.

Car for Sale

As next step of our plan to move back to Europe, we are selling our second car and namely: a AUDI A6 AWD Avant (Station Wagon), 3.2, from August 2008 with about 85,000 miles and in excellent conditions. Interested? Please contact Piergiorgio, Oscar's dad at pgv.pier@gmail.com or 646 830 9250.

3rd Annual Riegelsville Brewfest Supporting our Library

Saturday, September 23rd, 2017 from 4-8 PM at Mueller's General Store and Kitchen, 3205 S. Delaware Drive, Easton, PA. Admission includes beer samples from PA breweries, hot hors d'oeuvres from, live music by Andy Killcoyne and Friends (including Alex Ratus and Elliott Morris), Beer Yoga, a Tribal Bellydancing demonstration, raffles, and more! Tickets: \$25.00, at the door. IDs checked. 21 & over only.

2017 Rose Ceremony





From the Washington Post

The Decline of Play in Preschoolers — and the Rise in Sensory Issues

By Valerie Strauss

I still recall the days of preschool for my oldest daughter. I remember wanting to desperately enrich her life in any way possible – to give her an edge before she even got to formal schooling. I put her in a preschool that was academic in nature – the focus on pre-reading, writing, and math skills. At home, I bought her special puzzles, set up organized play dates with children her age, read to her every night, signed her up for music lessons, put her in dance, and drove her to local museums. My friends and I even did “enrichment classes” with our kids to practice sorting, coloring, counting, numbers, letters, and yes....even to practice sitting! We thought this would help prepare them for kindergarten.

Like many other American parents, I had an obsession: academic success for my child. Only, I was going about it completely wrong. Yes, my daughter would later go on to test above average with her academic skills, but she was missing important life skills. Skills that should have been in place and nurtured during the preschool years. My wake-up call was when the preschool teacher came up to me and said, “Your daughter is doing well academically. In fact, I’d say she exceeds expectations in these areas. But she is having trouble with basic social skills like sharing and taking turns.” Not only that, but my daughter was also having trouble controlling her emotions, developed anxiety and sensory issues, and had trouble simply playing by herself!

Little did I know at the time, but my daughter was far from being the only one struggling with social and sensory issues at such a young age. This was becoming a growing epidemic. A few years ago, I interviewed a highly respected director of a progressive preschool. She had been teaching preschoolers for about 40 years and had seen major changes in the social and physical development of children in the past few generations.

“Kids are just different,” she started to say. When I asked her to clarify, she said, “They are more easily frustrated – often crying at the drop of a hat.” She had also observed that children were frequently falling out of their seats “at least three times a day,” less attentive, and running into each other and even the walls. “It is so strange. You never saw these issues in the past.”

She went on to complain that even though her school was considered highly progressive, they were still feeling the pressure to limit free play more than she would like in order to meet the growing demands for academic readiness that was expected before children entered kindergarten.

Research continues to point out that young children learn best through meaningful play experiences, yet many preschools are transitioning from play-based learning to becoming more academic in nature. A preschool teacher recently wrote to me: “I have preschoolers and even I feel pressure to push them at this young age. On top of that, teachers have so much pressure to document and justify what they do and why they do it, the relaxed playful environment is compromised. We continue to do the best we can for the kid’s sake, while trying to fit into the ever-growing restraints we must work within.”

As parents and teachers strive to provide increasingly organized learning experiences for children (as I had once done), the opportunities for free play – especially outdoors is becoming less of a priority. Ironically, it is through active free play outdoors where children start to build many of the foundational life skills they need in order to be successful for years to come.

In fact, it is before the age of 7 years — ages traditionally known as “pre-academic” — when children desperately need to have a multitude of whole-body sensory experiences on a daily basis in order to develop strong bodies and minds. This is best done outside where the senses are fully ignited and young bodies are challenged by the uneven and unpredictable, ever-changing terrain.

Preschool years are not only optimal for children to learn through play, but also a critical developmental period. If children are not given enough natural movement and play experiences, they start their academic careers with a disadvantage. They are more likely to be clumsy, have difficulty paying attention, trouble controlling their emotions, utilize poor problem-solving methods, and demonstrate difficulties with social interactions.

(Continued on next page.)

We are consistently seeing sensory, motor, and cognitive issues pop up more and more in later childhood, partly because of inadequate opportunities to move and play at an early age.

What is our natural instinct as adults when issues arise? To try and fix the problem that could have been prevented in the first place. When children reach elementary school, we practice special breathing techniques, coping skills, run social skill groups, and utilize special exercises in an attempt to "teach" children how to be still and to improve focus.

If children were given ample opportunities to play outdoors every day with peers, there would be no need for specialized exercises or meditation techniques for the youngest of our society. They would simply develop these skills through play. That's it. Something that doesn't need to cost a lot of money or require much thought. Children just need the time, the space, and the permission to be kids.

Let the adult-directed learning experiences come later. Preschool children need to play!

Dear Parents,

Euclides Santiago will once again be taking our school photographs this year.

A package will cost \$30.00. The package consists of: one 5x7, 4 wallet size of your child and one 5x7 of the entire class. If you buy the package and would like an additional 5x7 print or set of 4 wallet size, you may order them for \$9 each. Individual prints will not be available to those who do not order the package. You may order one 5x7 of the class only for the cost of \$9.

Please return the slip below, with payment. The sooner your order is in, the quicker you will receive your pictures. There will be a folder on the door of the office. Please return a separate form for each child, as we will organize by class. In the case of two house families, each parent needs to fill out his or her own form.

Thanks!

Cindy

PAYMENT MUST BE INCLUDED WITH YOUR ORDER

I would like an individual photo package of my child _____ \$30.00
(includes 1 5x7, 4 wallet size and 5x7 class picture)

I ordered the package and would also like additional 5x7 prints _____ \$9.00

I ordered the package and would also like an additional set of 4 wallet size _____ \$9.00

I would like only a class picture. _____ \$9.00

Total Enclosed _____

Teacher's name: _____

Child's name: _____

Parent's name: _____

Please return this slip to the folder on the office door with payment - make checks payable to Euclides Santiago

PIZZA FRIDAYS!

Miss Hummel's 3rd graders will be offering pizza and organic lemonade for lunch on Fridays, starting September 15th to raise money for our Farm Trip in March.

**Please return this form and payment (made out to RVWS)
by Wednesday, September 13!**

To the folder on the office door labeled "pizza"

Pizza will be from Galasso's in Frenchtown and will be delivered to the classrooms by the 3rd graders each Friday at lunch.

*This payment is for pizza Fridays through January 2018
(including 9/15, 9/22, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17,
12/1, 12/8, 12/15, 1/5, 1/12, 1/19 and 1/26) – **16 weeks of pizza!***

Thank you for your support!

Child's Name: _____

Grade and Teachers name: _____

_____ 1 slice & lemonade: \$60.00

_____ 2 slices & lemonade: \$100.00

_____ 1 slice/no lemonade: \$40.00

_____ 2 slices/no lemonade: \$80.00

_____ Lemonade Only: \$20.00

Pizza is \$2.50 per slice and lemonade is \$1.25 per cup

Gluten-free pizza may be available upon request.

Questions please contact Emily Lovely at emidarling@gmail.com

Thank you again for your support!

!Hoagies on Thursdays!

****8th Grade Fundraiser****

"You alarm me!" said the King. 'I feel faint --give me a ham sandwich!"
-Lewis Carroll, Through the Looking-Glass, and What Alice Found There

DATES: Sept 28 – Dec 14 ****EXCLUDES HOLIDAYS****

COST: \$84/Hoagie only ---- \$100/Hoagie & Seltzer

DEADLINE TO TURN IN ORDERS: September 20

******Please make checks payable to RVWS!******

THE ORDER:

- Whole semester of hoagies! **(11 Thursdays)** (\$66)
- Whole semester of hoagies and a can of seltzer (\$77)

THE HOAGIE (PLEASE CIRCLE CHOICE):

Turkey Only

Cheese Only (Cheddar & Provolone)

Turkey & Provolone

Ham Only

Ham & Provolone

THE EXTRAS (PLEASE CIRCLE CHOICES):

Lettuce

Tomato

Mayo

Oil&Vinegar

Name _____ Grade _____

Phone _____ Amount Included _____