

## School Calendar

### This Week

#### Tuesday, January 22

Garden Gate Open Morning 9:00-11:00 am  
EC Parent Enrichment Evening 6:30-8:30 pm

#### Thursday, January 24

Diversity and Inclusion Workshop 7:00 pm

### Looking Ahead

#### Tuesday, January 29

Garden Gate Open Morning 9:00-11:00 am

#### Thursday, January 31

Board Meeting 6:30 pm

#### Wednesday, February 6

Biography Workshop 6:30-8:30 pm

#### Friday, February 15

Grade School Ice Skating Party

#### Monday-Friday, February 18-22

NO SCHOOL – Winter Break

#### How to Contact Us

info@rivervalleyschool.org  
lc@rivervalleyschool.org  
bot@rivervalleyschool.org  
pc@rivervalleyschool.org

### Awakening Connections – Creating Community Biography Workshop

February 6<sup>th</sup>, 2019, 6:30-8:30

Center for Biography and Social Art,  
facilitated by Kathleen Bowen

*"The longing to be seen and heard in our full reality has arisen in every human soul since the beginning of this century and will grow increasingly urgent." Rudolf Steiner*

Through creative activities, conversation and reflection we will practice genuine interest and reverence toward the hidden mysteries to be found in every life. Come with an open mind and heart to explore and be in wonderment. By sharing small pieces of our lives with one another, we step inside our own life story and the stories of others. Listening deepens, empathy awakens and a new level of interest and support can develop throughout the community.

To register, go to: <https://goo.gl/MH3sXt>

### Diversity & Inclusion Workshop

This Thursday, January 24<sup>th</sup>, 2019, 7 pm

Creating diverse and inclusive environments is easier said than done. AND it is possible! Learn how you can contribute to the creation of a culture of dignity as a family member, a community member and a parent with your child.

This workshop will invite you to reflect on unconscious bias, owning your privilege and help hone your communication skills to be an "upstander" and active contributor to a welcoming school community. Please join us.



Children from the Moon Room enjoying the snow.

### Pizza Update

The next pizza session will begin on Friday, March 1<sup>st</sup>. The last day of this session is February 8<sup>th</sup> followed by the ice-skating party on the 15<sup>th</sup> and Winter Break on the 22<sup>nd</sup>. A new pizza order form for the rest of the year will be coming out shortly.

## From Administration

### From the Committee for Social Justice

Many thanks to everyone who participated in our book discussion! Please join us for the next Committee for Social Justice meeting on January 28th at 3:30 pm in the Star Room as we continue the discussion and make plans for the future.

### Garden Gate Open Session – Tuesday, January 29th

Experience a morning in Garden Gate, our program for children under 3 years old with their parent or caregiver. January 29, 9-11 am. Space is limited; please RSVP for this free event.

Garden Gate provides a warm, supportive atmosphere for children and adults alike. This welcoming environment allows children to expand their interests and develop their social capacities, motor abilities and problem-solving skills. Songs, games and parenting tips are part of the valuable exchange of ideas and information that is enjoyed by participating adults.

To RSVP, contact admissions at 610-982-5606 or [admissions@rivervalleysschool.org](mailto:admissions@rivervalleysschool.org).

### School Pictures are Available!

Hopefully by now you've had a chance to see the portraits hanging in the school lobby. You can purchase your child's portrait and class picture by visiting: <https://hsmphotography.smugmug.com/Other/RVWS-School-Portraits-Class-Pictures-2018/>. The password for this protected gallery is: rvws2018

## From The Faculty

### What the Children are Learning:

First Grade – Arithmetic

Second Grade – Language Arts

Third Grade – Social Studies

Fourth Grade – Math/Fractions

Fifth Grade – Language Arts/Egypt/Greece

Sixth Grade –History/Rome

Seventh Grade – Chemistry

Eighth Grade – History/American Revolution/Slavery

### Zany Zoology with Elizabeth Drew, presented by Bricks, Bots & Beakers

**For River Valley Waldorf School 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, & 6<sup>th</sup> graders – 8 weeks starting Monday, January 14<sup>th</sup>**

Jan. 14, 28, Feb. 4, 11, 25, Mar. 4, 11, 18 - 3:30-4:30 – Cost \$120

Learn about amazing animals from around the world through games, experiments and simulations about Polar Bears, Chameleons, Poison Dart Frogs, Monotremes and more. Activities include Blubber Simulations, Chameleon Slime and Male Betta Aggression featuring live Siamese Fighting Fish.

For more information, contact Elizabeth Drew, [Elizabeth@BricksBotsBeakers.com](mailto:Elizabeth@BricksBotsBeakers.com), 908-336-4115



**Have you Heard the Buzz?**

**We need YOU to make our Auction a success!**

Share your talents, creativity or time! We need 3 auction items from each family -- Nourish a belly or soul, host a game night, offer your services or solicit gift certificates from your favorite shops. For more ideas or suggestions reach us at [auktion@rivervalley.school.org](mailto:auktion@rivervalley.school.org)

**For ONE DAY ONLY, Thurs. February 14<sup>th</sup>, Get a sweet deal on your auction tickets!**

- The Bees Knees -- Sponsor a teacher or faculty member and save \$5
- Queen Bee -- Save \$5 on an individual ticket
- Honey Bee -- Bring your honey and save \$10 on two tickets
- Bee Mighty -- Bring 2 friends from outside River Valley and save \$20



**What do you love about River Valley?**

Check out what our community loves about our amazing school on Facebook and Instagram and receive an auction raffle ticket for each share!

## Class Fundraisers

### 8th Grade Lunch for Ice-Skating Party

The 8th grade will be preparing lunch for the Grade School Ice Skating Party on Friday, February 15th. Lunches must be pre-ordered by Friday, February 8th. An order form is in this week's Current. They will also be serving hot chocolate, herbal tea and bags of popcorn for \$2 a piece on a first come, first-served basis.

## From the Community

### Upcoming Events at Solebury School

#### Solebury School Presents *Cabaret*

Come see River Valley alumni in the musical, *Cabaret* at Solebury School.

Thursday, February 21, 7:30 pm; Friday, February 22, 7:30 pm; Saturday, February 23, 2 pm & 7:30 pm; Sunday, February 24, 3 pm

The Barn Theater at Solebury School, 6832 Phillips Mill Rd., New Hope, PA 18938

#### Solebury School Summer Programs Fair

Plan your teen's summer in one afternoon!

Sunday, January 27, 2019 - 1:00-3:00 p.m.

Solebury School Athletic Center, 6832 Phillips Mill Road New Hope, PA 18938

Meet with representatives from over 30 local, national and international programs. Programs represented offer a wide range of **opportunities for students in grades 6-12.**

### Help for a Friend

Hi Friends:

Pamela Hobson, mother of Olivia, is in need of financial assistance while she fights cervical cancer. We have set up a fundraiser where those who wish to help can set up a monthly donation to assist with food and other bills.

The link is: <https://www.patreon.com/user?u=2568187>

Thanks, Andy Wander

### POP-UP CHOIR!

#### Saturday, February 9th, 7 PM, at ArtYard in Frenchtown

Pop-Up Choir is a unique experience of community, musical celebration, and helping others! Kira Willey, backed up by our own pro musicians Eve Sheldon and Noah Jarrett, will lead singers of all skill levels in a joyful, judgment-free atmosphere. Attendees will learn a simple and fun arrangement of a familiar tune. When it's ready, the final performance will be streamed live online!

As a no-commitment, no-rehearsal choir, Pop-Up Choir is open to all. Truly no musical experience is necessary to join! Admission is free; all donations made will benefit a community non-profit organization. Register at [artyard.org](http://artyard.org). Join us!

### Upcoming Events at Sunbridge Institute

#### Waldorf Weekend

Friday, January 25, 2019 @ 7:00 pm - Saturday, January 26, 2019 @ 5:30 pm

A weekend workshop on the foundations and fundamentals of Waldorf Education from early childhood through high school.

Open to all — and especially relevant for new and prospective Waldorf community members (teachers, parents, grandparents, staff, board members) and lovers of education — our popular Waldorf Weekend workshop is designed to provide an in-depth and experiential survey of the basis and the basics of Waldorf Education.

#### Open Day

Wednesday, February 13, 2019 @ 9:00 am - 12:30 pm

An opportunity to explore Waldorf teaching and Waldorf teacher education, Open Day is designed for prospective students of Sunbridge Institute's Waldorf teacher education programs (Early Childhood, Elementary, World Language, and Music) as well as individuals interested in finding out more about Waldorf Education.

Sunbridge Institute is in Chestnut Ridge, NY. For more information go to: [www.sunbridge.edu](http://www.sunbridge.edu)

## **Camp Glen Brook, Marlborough, New Hampshire**

Camp Glen Brook was founded in 1946 by William and Dorothy Harrer, two of Waldorf Education's most influential teachers. Since then Glen Brook has woven the ideals of Waldorf education into a rich New England summer camp experience for children aged 9 to 16, from Waldorf schools around the world at our beautiful southern New Hampshire campus. Now we are owned and operated by the Waldorf School of Garden City. Glen Brook's Summer Camp Early Bird Discount ends on January 31st.

For more information, go to: [www.glenbrook.org](http://www.glenbrook.org)

## **Come join the fun at Ottsville Traditional Arts Center 250 Durham Road Ottsville**

### **OPEN MIC NIGHTS**

Warm, fuzzy and friendly space to step out, reach up and share what you've got or what you're working on! Open Mic sign up list plus a featured performer/musician set. Coffee House will feature 2 or more performer/musician sets plus Open Mic sign up. Sea Shanties and sing along with Grace! \*\*\*Early sign up for kids!!! OTAC is a Great Space and has the most appreciative audience

**OTAC Wednesday Jam and Songs 6:00-8:00 and Open Mic Nights - \$5 per person**

For updates & further details check out [ottsvilletradarts.weebly.com](http://ottsvilletradarts.weebly.com) Facebook page

Questions, interest in a fundraiser, event, performance, workshop, etc. contact Grace Morgan [gracefulm@aol.com](mailto:gracefulm@aol.com)

Ottsville Traditional Arts Center is a multi generational and varied community that provides service through what we all have to share

## **Artyard**

### **The Creative Commons: Progressive Studio Practice - January 12 – April 15**

ArtYard is pleased to announce our upcoming exhibition, The Creative Commons: Progressive Studio Practice from the Creative Growth Art Center, LAND Gallery, and the Center for Creative Works. This exhibition will feature the works from three non-profit studios influenced by the work of Creative Growth founders Florence and Elias Katz, whose radical approach to art making and inclusion for adults with developmental disabilities launched acclaimed careers and occasioned a sea change in conceptions of contemporary art.

### **Friday, January 25, 7:00 PM**

Come to ArtYard to learn how to **make your own crankie device** from cardboard, wood, or reclaimed junk with Mike Tyksinski and Eric Fiorito.

### **January 31- February 3<sup>rd</sup>, 2019**

#### **Poetryyard's Intensive Residential Workshop with Ross Gay**

A rare opportunity for a small group of only five participants to work closely with a nationally known poet in a workshop-style format.

### **Saturday, February 2<sup>nd</sup>, 6 pm**

Poetry Reading and Book Party with Ross Gay

### **Saturday, February 9<sup>th</sup>, 7 pm**

Pop Up Choir with Kira Willey, Noah Jarrett and Eve Sheldon

### **Saturday, February 16<sup>th</sup>**

The Chalkboard Chronicles, 6-7:30 pm – Exhibition Opening, 7:30 pm – Film screening

### **Saturday, February 23<sup>rd</sup>, 7:30 pm**

Screening of two phenomenal films (one short and one long): The Watchmaker and The Price of Everything

### **Sunday, February 24<sup>th</sup>, 1-3 pm**

Artist Talk and Drawing Workshop with Paige Donovan and Mary T. Bevlock

### **Sunday, March 17<sup>th</sup>, 1-3 pm**

Build Your Own Bird Costume for Artyard's 3<sup>rd</sup> Annual Hatch

### **Sunday, March 30<sup>th</sup>, 7:30 pm**

Crank Night – This year's theme is *Questions*.

Go to: [artyard.org](http://artyard.org) for tickets and more information about all of these events.

Gallery Hours: Wednesday – Sunday, 11:00 AM - 5:00 PM. ArtYard, 62A Trenton Avenue, Frenchtown, NJ 08825

## Farmers Seeking Land

Sustainable farming couple looking for 5-15 acres to put roots down and grow their business.

Who we are and what we need:

- Alisa Coughlin and Brad Berry, natives of Bucks County
- Combined 18 years organic growing experience
- Started Love Grows CSA in 2016
- Need *affordable* land to cultivate and make sustainable investments in long-term
- At least 3 farmable acres perhaps abutting leasable preserved land

"We grow and eat our feelings." Our hope is to grow a peaceful and meaningful existence by stewarding the land to ever higher standards while supplying healthy food for our community. Can you help us? 215-622-7272  
lovegrowscsa.com

## Code Blue Shelter

If you're lacking inside shelter in Upper Bucks County during periods of extreme, life-threatening weather (temperature or wind chill of 26°F or below) between November 15 and April 15, your neighbors and friends are ready with an Upper Bucks Code Blue Shelter at the Quakertown Masonic Lodge (501 W Broad St, Quakertown, PA 18951) from 8:15 PM to 7:00 AM the following morning. We'll have a hot meal and breakfast for you as well as shelter.

Car rides will be provided from the following stops—call 267.450.5191 to request a ride:

- Turkey Hill @ Ottsville/Harrow 7:45 PM
- Perkasio Square Shopping Center 7.45 PM

To find out if the shelter is open, contact the Code Blue Status Line: 267.450.5191 after 1:00 PM

The Upper Bucks Code Blue Shelter is a ministry of Advocates for the Homeless of Upper Bucks (AHUB)

## RVWS 8<sup>th</sup> Grade is offering pre-ordered lunches for the annual ice skating trip on February 15.

Proceeds will help offset the cost of the 8<sup>th</sup> Grade Class Trip.

*Order now and skip the bagged lunch!*

### Pre-order

Italian hoagies -- homemade vegetarian chili -- homemade mac & cheese

*Also available at the rink: hot chocolate, herbal tea, and bags of popcorn (\$2/ea.)*

### Italian hoagies (\$8 each)

[ ] Italian Hoagie #1:	tomato [ ]	lettuce [ ]	cheese [ ]	\$8.00
[ ] Italian Hoagie #2:	tomato [ ]	lettuce [ ]	cheese [ ]	\$8.00
[ ] Italian Hoagie #3:	tomato [ ]	lettuce [ ]	cheese [ ]	\$8.00
[ ] Italian Hoagie #4:	tomato [ ]	lettuce [ ]	cheese [ ]	\$8.00
[ ] Italian Hoagie #5:	tomato [ ]	lettuce [ ]	cheese [ ]	\$8.00

**Hoagie Subtotal:** \_\_\_\_\_

### Homemade Vegetarian Chili

# of bowls \_\_\_\_\_ x\$5.00/bowl

**Chili Subtotal:** \_\_\_\_\_

### Homemade Mac & Cheese

# of bowls \_\_\_\_\_ x\$5.00/bowl

**Mac & Cheese Subtotal:** \_\_\_\_\_

**Lunch orders must be placed by Friday, February 8**  
to ensure time for fulfillment.

The RVWS 8<sup>th</sup> grade will prepare and deliver your lunches to the ice skating rink on 2/15.

Please make checks payable to RVWS with  
"8<sup>th</sup> Grade Fundraiser" in the memo

**Total Pre-order Amount:** \_\_\_\_\_

From Psychology Today via Waldorf Today

## **Teaching Kids Handwriting to Help Them Read Building brain connections for literacy.**

By David Ludden, Ph.D.

I grew up in B.C. days—Before Computers. The closest thing I had to an iPad was an Etch-A-Sketch, which kept me entertained on many a family drive. Nowadays, it seems every four-year-old has a mobile device.

The digital world is fraught with dangers but also with wonderful possibilities. To the extent that we load Junior's favorite cartoons and movies onto his tablet, we may be raising a generation that expects to be entertained 24-7. But there's also plenty of quality educational software available, including programs that can teach kids reading skills. However, if these programs aren't designed according to sound psychological principles, they may not be effective at teaching literacy.

Many children in middle-class families start learning the names of the letters at around four years of age. The most common way of teaching letter names is the see-and-say method. You show kids the letter and tell them its name, which they repeat. I recall from watching Sesame Street with my own kids that this show uses the see-and-say method: "Today's program is brought to you by the letter A." Given the medium, perhaps the best that an educational TV show can do is see-and-say.

But more interactive approaches are also important. In particular, Indiana University psychologist Karin James argues that practice in handwriting is needed for children to become effective readers. She gives two reasons for this assertion. First, learning-by-doing is far more effective than learning-by-seeing. It's obvious that you can't learn how to swim by watching a swimming video. Observing others perform a task can give you some idea of how it's done. But until you get into the water and start making the strokes for yourself, you don't know how to swim. This is because procedural learning always involves making connections between the sensory and motor areas of the brain that are recruited for the task.

At first glance, this argument doesn't seem to hold in the case of reading, which appears to be purely a visual task. But James would disagree with this assertion. This point leads to her second reason for arguing that handwriting practice is an essential component of learning to read. Namely, writing out letters helps young children learn how to recognize them.

Recognizing letters isn't the straightforward task it seems to be to those of us who are fluent readers. This is because there's so much variability in the shapes of letters. Upper and lower case letters often bear little similarity to each other. And letter shapes also vary widely depending on the font. Back in my B.C. grammar school days, much of what we read was handwritten, and so we had even more variation in form to deal with.

It's often thought that four-year-olds don't yet have the manual dexterity to learn handwriting. And yet, James argues, it's precisely poor penmanship skills in these youngsters that helps them master letter recognition. When children copy letters, their reproductions are far from exact. Lines are tilted, angles are off, and curves aren't balanced. Still, when children look at what they've drawn, they know it's "the same" as the original because they wrote it. Furthermore, as they gain more practice in handwriting, children learn the essential elements of letters are that run across families of fonts and different people's penmanship.

To test the hypothesis that handwriting letters creates links between sensory (visual) and motor (hand) regions of the brain, James conducted an fMRI study using four-year olds. Clear links between visual and hand areas are observed in adult readers, but not in illiterate children. The children were then split into two groups. Both underwent letter recognition training, but half used the see-and-say method while the other half copied letters as well. After four weeks, the children's brains were scanned once more. Connections between visual and hand areas were already forming in those who'd learned by handwriting, whereas none could be detected in the see-and-say group.

This study was followed up by an experiment testing the hypothesis that handwriting helps children learn to extract the essential elements from variable letter forms. To avoid any contamination of the data from prior learning, the experiments taught 5-year-olds the Greek alphabet. Some children learned by copying the letters (handwriting), while others learned by see-and-say. In a crucial third condition, another group of children

*(Continued on next page.)*

learned the Greek alphabet also by the see-and-say method, but with exposure to a wide variety of fonts. The children in this condition learned just as well as did those in the handwriting condition. Those in the single-font see-and-say condition performed much worse.

Finally, in a brain-scanning study looking at the learning of cursive, children who were asked to handwrite cursive examples developed vision-hand connections in their brains, but those who just watched adults writing in cursive did not. Likewise, children who were taught to recognize letters by typing them on a keyboard didn't develop vision-hand connections, even though the motor task of typing was involved. In short, learning letters by handwriting not only helps kids extract the essential features of letters, it's also the only method that establishes the brain connections necessary for full literacy.

Pencil and paper may seem like ancient writing implements to today's digital generation. Still, there are ways that computer tablets can be an effective device for teaching early literacy skills. Single-font see-and-say programs will only take Junior so far. But the research we've just reviewed shows that multi-font see-and-say programs can be quite effective. Such programs should be easy to design, and some may already be on the market. Furthermore, handwriting recognition software is widely available, and so it should be implemented in educational games that kids can play on their mobile devices.

The digital age has changed the way we communicate—even how we read and write. But if we're thoughtful in how we use our devices, we can reap the benefits they offer while avoiding their dangers.

From the Telegraph via Waldorf Today

## **Addictive Video Games May Change Children's Brains in the Same Way as Drugs and Alcohol, Study Reveals**

By Charles Hymas and Laurence Dodds

Fortnite and other addictive video games can have a similar effect on children's brains as drug abuse or alcoholism, MRI scans reveal. They show the "reward" system in the brains of young heavy users of social media and video games display the same changes in function and structure as those of alcoholics or drug addicts. A series of studies by California State University found the impulsive part of the brain, known as the amygdala-striatal system, was not only more sensitive but also smaller in excessive users so that it processed the stimuli of social media or games faster.

The findings come as Britain's children are gripped by the Fortnite video game, with one nine-year-old reportedly admitted to rehab after becoming so addicted she wet herself rather than leave the screen and primary schools urging parents to ban their children from playing them.

On Monday, the Daily Telegraph launched the Duty of Care campaign calling on ministers to make social media and online gaming companies subject to a statutory duty to protect children from harms such as addiction, bullying and grooming when using their services. Ministers are considering new measures to rein in the worst excesses of online tech companies amid fears a generation of young people is being harmed by unregulated use of social media and online gaming platforms.

One leading internet addiction expert who has treated children playing the game said Fortnite's addictive quality was such that it made Beatlemania look like a passing whim and had captivated the young in the same way as the nation was swept up by the "Princess Diana effect". According to the studies led by Professor Ofir Turel, of California State University, the impact on the young's brains is marked: "Say someone sees a video game or cellphone, this reward system in the brain lights up. It's a very strong activation compared to other people.

"It is associated with structural change in that this brain area is smaller in people who are excessive users. The smaller system can process associations much faster. But like a car, you need to put more gas into it to generate more power."

(Continued on next page.)

There was, however, an up-side in that the studies showed the part of brain responsible for "self-control" over their impulses was not affected in the same way for excessive social media users as other addictions such as drink or drugs. "It means most people can control their social media behavior but they just don't have the motivation to do so," said Professor Turel. This was less evident for heavy video gamers, where self-control appeared to be impeded.

More worrying, however, was the risk that excessive usage could be changing children's brain reward systems in the long term, making them more susceptible to other addictions later in life. "The question is if you sensitize their reward system at a young age with video games and social media, does it increase their risk to become addicted to drugs or drink later in life?" said Professor Turel. His initial research suggests there is an association between heavy video game users aged 13 to 15 and an increased likelihood of misusing at least one of 15 substances from cocaine to amphetamines.

A third study by his research team found the internet addiction also disrupted the connections between the left and right sides of young people's brains. "When the tracks that connect these parts of the brain are not efficient, people are more prone to develop addictions," said Professor Turel. "There's a much bigger risk factor for [addicted] children because their brains are flexible. Some parts of the brain develop until they are 17, others are not fully developed until they are 25.

"The development of the reward or impulse system is much faster compared to the development of the self-control system. It means that if you take someone who is 13 years old, they will have a mature reward system but self-control system is not as well developed. So they are much more pre-disposed for impulsive and risky behaviors. With children there is room for regulation. They need our protection. Their brains are not as efficient as ours."

The addictive quality of Fortnite, which has been downloaded 40m times since last July, has been picked up by Dr. Richard Graham, who set up the UK's first internet addiction clinic at the private Nightingale hospital in London. He said all the young patients he was treating did play the game alongside other internet activities, with one playing it through the night. "In six months, it has made Beatlemania look like a passing whim. You are dealing with something akin to the massive Diana effect that swept up everyone. The multi-player format, where, in the Battle Royale version up to 100 players fight each other until one is left standing, engendered a "crowd mentality." "You have a mass crowd effect where you have engagement that sweeps you along," said Dr Graham. "The fear of missing out is also part of what drives it. It's something you can't almost not be a part of."

Concerned parents have taken to forums such as Mumsnet to voice their fears. One mother wrote of her primary school age son: "Yesterday he saw a poster with a man and child in a swimming pool ... and commented that it would be a perfect shot to blow their heads off."

Another added that her son, aged nine, had become addicted and she had imposed a ban on the game after his 'behavior deteriorated massively'. She wrote: "It was awful to see how angry he was becoming ... I seriously wish I'd never let him on it."

The nine-year old girl now in rehab would secretly play the survival shooter game during the night and didn't even get up to use the toilet because she couldn't pry herself away from the screen. The girl, who is now in intensive therapy to combat her addiction, would play for up to 10 hours a day. Worn out from all-night sessions, she dozed off at school. She even lashed out at her father when he tried to confiscate her Xbox gaming console. The girl's mother said: "We had no idea, when we let her play the game, of the -addictive nature or the impact it could have on her mental health."

The World Health Organization declared in January that internet gaming addiction will be classified as a mental disorder. Last weekend The Daily Telegraph revealed a 15-year-old boy was set to be diagnosed with the condition in the first case of its kind in Britain. He has spent eight weeks in hospital due to his addiction and has not been to school for a year after losing confidence to go outside.

**2018-19 After-school Program  
Winter-Spring Registration Form**

Our 2018-19 Winter-Spring After-school Program will begin on January 8th. Josh Laker will be back to challenge and entertain RVWS grade school children. Below is a description of activities that will be held on each day.

Classes will be held on Tuesdays, Wednesdays and Thursdays from January 8th through April 25th. Dates are listed next to each class because the program will not be held during vacations, assembly days and early dismissals. **Please note that there will not be afterschool program for the week of March 4th-8th.** The cost is \$20 per class with a \$10 materials fee for the session.

**Tuesday – Sports and Running Games (recommended 5<sup>th</sup> grade and up)**

January 8, 15, 22, 29, February 5, 12, 26, March 12, 19, 26, April 2, 9, 23 – NO CLASS 3/5

Total – 13 classes = \$270

Any and all sports, indoor and out, four square, battleship, shark attack, capture the flag, flag tag, handball, wall ball (big and small), indoor Olympics, obstacle courses, etc.

**Wednesday – Games, Drama, Challenges and Puzzles, Outdoors**

January 23, 30, February 6, 13, 27, March 13, 20, 27, April 3, 10, 24 – NO CLASS 1/9, 1/16, 3/6

Total – 11 classes = \$230

Park bench, improv, hunter, skits, storytelling, treasure and scavenger hunts, kick the can, Frisbee golf, simple ball games, group challenges, nature art, cooperation puzzles, hand and nature crafts if desired, etc.

**Thursday – Cooking**

January 10, 17, 24, February 7, 14, 28, March 14, 21, April 11, 25 – NO CLASS 1/31, 3/7, 4/4

Total - 10 = \$210

Baking many different kinds of bread, pickling, desserts, bagels, pizza, sushi, etc. These are just some of the things that were and could be done again, it will be tailored to students' desires.

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Child's Name \_\_\_\_\_ Child's Teacher \_\_\_\_\_

Parent's Name \_\_\_\_\_

Parent's Phone Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

I would like to register my child for the following After School Program(s):

- |                          |        |           |   |                        |
|--------------------------|--------|-----------|---|------------------------|
| <input type="checkbox"/> | Tues.  | 3:30-5:30 | <b>Sports and Running Games (G5 &amp; up)</b> | <b><u>\$270.00</u></b> |
| <input type="checkbox"/> | Wed.   | 3:30-5:30 | <b>Games, Drama, Challenges</b>               | <b><u>\$230.00</u></b> |
| <input type="checkbox"/> | Thurs. | 3:30-5:30 | <b>Cooking and Crafts</b>                     | <b><u>\$210.00</u></b> |

**NOTE: Materials fees are included in the prices.**

TOTAL: \_\_\_\_\_

***Payment in full must be attached to the registration form. Payment is non-refundable and is set regardless of the number of classes actually attended by your child. Classes will be filled on a first come first served basis.***